

1. Jane's Song

She channels the stars she don't channel the dead
She said, let your spirit pour down through your head
She said let it pour in way down past your birth
Way down through your feet into the earth

She said many people don't live in their legs
They just walk around on spiritless pegs
She said, your legs are holy, your body ain't bad
In a way she is the best friend that I've had

Because I feel my Mother she tickles my feet
Even when I walk on thick concrete
No it is no fable to be loved by God
Neither it's a fable to be loved by Sod

And so I cry,
I don't know what to do
With my spirit pouring all the way the way through!
It doesn't mean I'm an angel, or devil, or saint
It only means I am my own complaint

Chorus:

I will be kind
I will be kind
I will be kind
To this body of mine

I'm some kind of wire
I'm some kind of tower
I'm some kind of temple
I'm some kind of flower
I'm some kind of water
To some kind of wine
And so I will be kind
To this body of mine

She's like a satellite dish
They swim in like cosmic fish
The words flow out on her brave tongue
They teach us all to become One

2. If My Mind Was a Hound

If my mind was a hound
My hound mind would chase down the fox of negativity
If the fox was one cruel thing someone said
My hound mind would chase down the fox and make me a coat to wear
And I would wear that coat
Long past the winter into spring
I'd never take it off
It would shroud everything

Oh take me back in time
To when someone first gave to me
My hunting hound mind
And tell them
To take it away
Oh please just let me be
Just let me play
And love me like the deer
Loves her new born baby fawn
Keep me by your side
Safe from every hound

Oh what's this little lie?
That caused me to chase down the fox with my hound mind?
Was it something somebody said?
'Cause I used to think I would be better off dead

Today I released the hound
I told him that I have no need for his service anymore
Transformed him with my magic wand
From a blood thirsty beast
To a velvet ocean shore
And I transformed the fox
Into a zillion sparkles on the water
I held the smiling sky
Said, I'm grateful brilliant plotter

3. *I Take Notice of Kindness*

I take notice of kindness I see about the world
Little things that aren't little at all
Like horses outside covered in warm blankets
Instead of left to themselves in the cold
Instead of left to themselves in the cold

I take notice of kindness like girls in pink fur coats
With boots and hats and mittens to match
Umbrellas and rain boots for the wet weather
Bright shiny raincoat and yellow rain hat
Shiny raincoat and yellow rain hat

And every year a brand new lunch box
Bat girl or Raggedy Anne
Wonder Bread peanut butter and jelly
Cut in squares or cut in two diagonally
Cup and thermas with Chef Boyardi

Paper napkin folded in half...(and maybe a love note)

I take notice of kindness like dogs with shiny coats
With peaceful contented demeanors
I know they have been filled with enough love that they
Don't have to beg for it, long for it, ever
Don't have to beg for it, long for it, ever

4. Close Call

He woke up and he didn't know just where he was

I guess I had another close call, he thought

Strange, I don't remember any accident

Was it like the last time when my car tumbled?

His blood raced the 500 on a burning track

His mind the race car driver of his fear

The more he woke up and regained his consciousness

The more it terrified him death had come so near

Some people ride the waves on a surfboard

Others swim to safety letting go

Still others fight the current for their very lives

Wind up drowning in the under toe

God knows why the surgeons hide behind white masks

When you're close enough to hear the angels sing

In the shattering and the breaking of the windshield glass

What lesson can this close call bring?

Oh, dark storm captain

Death, you are a friend of mine

You let me off your rusty hook a couple times

I spin my lucky quarters and I twirl my dimes

On countertops of bars where I don't feel

And I don't want to exit at door number three

See all my lost chances looking back at me

Please help me swim to safety

Please help me to let go

And save me from another close call

I wonder who it is who has it in for me?

Who is the director of my show?

'Cause if my life were a movie

I really wouldn't wanna have to go

Sure as the wonder of a new born child

Sure as a garage band that's broke and wild

Sure as the dust gets on my fancy shoes

Sure as the bad gets on the t.v. news

Sure as a twin who is a look alike

Sure as your finger's stuck inside that dyke

Take your finger out and it comes crashing through

This life is gonna be the death of you

This life is gonna be the end of you

This life is gonna be the death of you

So keep your lucky pennies and your candy bars

And buckle up when you ride in your sober cars

And never take for granted just how blessed you are

Lucky to be given two close calls

5. *Ghost Upstairs*

There's a ghost upstairs scares me out of my mind
She's been living up there nearly all of the time
She's got long, gray hair and sunken blue eyes
And for all of these years I have heard her cries

On a cold winters day one hundred years ago
They found her footprints in the ice mountain snow
She never found her way back home from the cold
She froze to her death so the story is told

The apples wither on the table
These woods they weave an ancient fable
The bears are scratching to get in
A thousand ladybugs on the ceiling

In early autumn when the leaves are bright gold
Just cold enough for the iron pellet stove
That turns a crank and through this old farm house sounds
And that is the time her ghost comes around

There's a ghost upstairs easy to imagine
With the white walls bare and the windows watching
With the winter closing in when it's gray until the spring
When I'm just waking up to the ghost in everything

The apples wither on the table
These woods they weave an ancient fable
The bears are scratching to get in
A thousand ladybugs on the ceiling
The wasps are trapped between the panes
The turning of the weather vane
The horned god in the pine forest
Bringing Christian unrest

There's a ghost upstairs and she carries all my fears
But she's coming down
'Cause I found the sound

6. *The Sky's Proposal*

Will you marry me?
The Sky said to the Earth
And the love we make
Will bring all things together
The Earth said to the Sky
You're my stormy lullaby
And your tears bring out all birth
And you always keep me warm
Your moon moves my seas
Your wind caresses me
Dearest love I've ever known
We will make this world our home

The Sky said to the Earth
I'm so glad you'll be my bride
I'll hold you the rest of your days
Surround you all your nights
My love I've dreamed so long
Felt your gravity so strong
God put the stars on my chest
To make you love me best
He put angels in my mind
But my heart cries for you
Far below your ocean tides
Mirror my blues, I sigh!

Will you marry me?
The Sky said to the Earth
And the love we make
Will bring all things together
The Earth said to the Sky
I am your blossomed bride
I am your little world!
I am your precious world




7. *My Star*

*For Gram
With all my Heart*


No one has eyes like you
Eyes that can see right through
Blessing everyone around
With your smile and your silver crown
Like a flower in your garden
You reach up to the sun
Making me so far away
The lonely granddaughter
How could I ever forget you?
When you are so in my heart?
Shining in the sky of virtue
You are my Star
Like the doll in your glass cupboard
Who you have brought to life
You wound and set me singing
"You Light up My Life"
Like the girl in the watercolor,
Who picks daisies and lace
We are kindred spirits
You said, as you looked in my face
Bleeding Hearts, Dutchmen's Breeches,
Daffodils on the hills,
Chickadees, brown Finch peepers,
I walk through your garden still

8. *My treasure*

For Christopher



You are my treasure
What can I say to you?
A speech so grand
And yet, you take so little
A trickle of sense
Down my Obsidian mind
When you sang to me
My heart joined back to stay
Five miles deep in snow
In the winter of your long, black coat
In your year of jeweled silk
To cover ordinary walls
Lost in my forest
Of wicked trees and wire hair
You painted my portrait
And helped me to get out of there
Felt like a jar of pickles
A corn cob doll next to you
But you only sighed
Assured me that it wasn't true
A banquet feast is your love
A velvet scarf around my neck
An elephant's bell
From India Land
And I'll be churned to butter
By the end of this little song
For, you are my treasure
You have been all along.



*9. The Ballad
of the Nameless Son*

*for my Great Great Uncle
who is worthy of being remembered*

His father was a rich man
Made all of his own
Selling the first of silken flowers
He traded them for gold
He soon had many riches
And a mansion that he'd won
And thus became the legacy
Of the Nameless Son

You'll learn all that I've learned, my son,
And then you'll earn some more
And when I'm gone you will live on
As king of all the store
We'll be a wealthy family
Our castle on the hill
And all the children will be glad
It's written in my will

A little stream runs by our house
It bubbles where you play
And when you lost your best toy boat
I wasn't there to say,
"Your daddy loves his little boy"
And happily dive in
And go to fetch your little boat
And bring it back again

Instead I was asleep upstairs
The numbers made me blind
And when your boat slipped out your hands
I was deaf to your cries
And there it was your heart sank down
When I did not hear you call
And through your tears you watched your boat
Slip over the waterfall

Oh where have you gone now my son?
You're lost outside my grasp
You care nothing for numbers
And our fortune is so vast
Germany is tall and straight
As a Trojan Horse
And there you limp ungratefully
And bask in your remorse

If I'd have known before your birth
That what they said was true
That loving was the most important
Thing to ever do
I'd wrap you in a blanket warm
And rock you night and day
And I'd sing you gentle lullabies
And put my gold away

Oh carry me down to where they found
Your body in the sand
And take me there back in time
So that I can take your hand
Pull you safely from those tracks
Before the evening train

Puts to rest forever more
The knowledge of your name

But the hands of time are cold
Neither do they bend
And neither shall I live on
When I've brought my son to end
A sickness burns inside of me
No doctor shall I seek
I'm going to fetch your little boat
Sailing down the creek

These legacies they do live on
Especially when they're buried
And deep inside our psychic souls
There lies a mortuary
Full of all the lost ones
Who never became free
Still they are here with us
As part of you and me

The Ballad of the Nameless Son
Is a tragedy indeed
Such a waste of innocence
And it's a true story
It was my Great Great Uncle
Who laid down on those tracks
No one knows his name no more
And we can never get it back



10. How I Love Her

Do you hear the sound of the ground
When you lay your head down on her?
What did she say? Was she happy was she gay?
Was she just playing around with ya?
Do you hear the sound of the ground
When you lay your head down on her?

How I love her
I'm way down there with her
She's my Mother
How I love her

Face up in the grass and I'm free at last
To free the path of my soul
Heart in the rocks the beat is locked
To the beat of the heart of the rocks way down below
Face up in the grass and I'm free at last
To free the path of my soul

Face up in the rain and I can't explain
It is plain that the rain blesses her
And you too, with the hole in your shoe,
As you're laying down on her
Face up in the rain and I can't explain
It is plain that the rain blesses her

Try to bridge the gap from your body to the map
Your blood the rivers, tap into her
Your bones are the trees, your hands the leaves
Your feet the seeds that free her
Try to bridge the gap from your body to the map
Your blood the rivers, tap into her



11. Silver Veil

For Philip

Oh, braid our long hair together
All silver and black and gold
Tie a ribbon around our hands
As they did in the days of old

Silver veil over my eyes
Flowers fall down from the sky
Silver veil has brought us to tie
Your heart together with mine

Oh kiss me in the company
Of God and our family and friends
It's love that brings us here
All together again

Silver veil over my eyes
Stars fall down from the sky
Silver veil has brought us to tie
Your heart together with mine

After this day is done
You and I will still be one
Not to worry my true love
For we shall follow the sun

Silver veil over my eyes
Autumn leaves fall down from the sky
Silver veil has brought us to tie
Your heart together with mine
And when you are old my dear
You will always find me here
Smiling through my tears
Behind my silver veil

What can I tell you my love?
When all I can see is light?
Take me in your arms
And hold me forever tonight

Silver veil over my eyes
Bells ring out through the sky
Silver veil has brought us to tie
Your heart together with mine

May God fill every part
Of the bride and the groom and their life
May God lead them on
To live a righteous life

Silver veil over my eyes
God has blessed us tonight
Forever you and I
Kept safe in the silver veil
And when you are old my dear
You will always find me here
Smiling through my tears
Behind my silver veil

12. This House of Mine

For my Grandpa

Used to be the gray light through my window
Kept me company
I stared at paper flowers peeling from the wall
Used to be there were rotten holes
In the wooden staircase
Used to be little light in here at all
Used to be no running water
The electric wires were always on the friz
But I knew this was the only house I'd ever know
So I decided to fix it
I tore the red, rose paper down from the walls
I said a thousand prayers
Did my best to walk tall
Replaced the wires where they were wearing thin
And let some friends come in
And in this house of mine
We fixed it all
A little at a time
Healed each step and walked up where
The light came shining in
Through my window in the attic
And remains
Forever shining in
Forever shining in
Healing all the cracks of my pain
I did my best to fix my house with human hands
To make it clean and clear
But I knew I needed universal healing
To save the ghost in my mirror
So, I asked God to come inside

And live with me
In my broken house
And now my dwelling stands so bright and new
My castle gold and proud
Oh transform me, renew me
See right through me
Make me believe in
Something more than grief
Oh release me and free me
Help me to be me
Let your light shine in
And in this house of mine
God healed it all
A little at a time
Healed each step and walked up where
The light came shining in
Through my window in the attic
And remains
Forever shining in
Forever shining in
Healing me for love is my fate

12.

13. *Goodbye Pirates*

I see distant airships crawl across the sky
I see a million house lights burning on the hillside
Two shooting stars that travel side by side
I hear a dusty ocean whisper goodbye
Goodbye

13.
Goodbye pirates
You are sailors now
And the deserts much too far from the sea
Raise up your sails
And the wind will know
How to carry you along to your dreams
To your dreams

I see gentle, loving arms of two friends
I see a holy people welcoming you in
Two sisters who unfold like flowers of kin
Who have fought their battles so that love could win
Love could win

So take these visions from out of your heads
And make these visions come real instead
And drive across the desert like you're flying
With a sweet taste of justice, it's about time
It is time

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